



Summer Outpatient Programming

Adolescents (Age 13-17)

Partial Hospitalization Program

Monday - Friday, 9:00am - 3:00pm

A structured day program for adolescents at risk of hospitalization, in transition from an inpatient hospital stay, or experiencing emotional or behavioral difficulties at home, in school, or within the community.

Intensive Outpatient Program (Daytime)

Monday - Thursday, 12:00pm - 3:00pm

An intensive daytime program to help address internalizing symptoms of depression, anxiety, and low self-esteem.

Intensive Outpatient Program (Evening)

Monday - Thursday, 4:30pm - 7:30pm

An intensive evening program for adolescents to help address externalizing symptoms of anger, irritability, and impulsivity.

Adolescents Dealing with Life Issues Group

Saturdays, 11:00am - 12:00pm

A weekly support group that teaches coping skills to manage a variety of issues including anxiety, depression, bullying, grief/loss, substance use, and self-esteem as well as other topics of interest.

Call 708-209-4181 to register for any group.
All groups have open enrollment.

The programs include:

- Comprehensive assessment
- Trauma-focused Cognitive Behavioral Therapy and Dialectal Behavioral Therapy
- Creative Arts Therapies including Dance/Movement Therapy, Drama Therapy, Art Therapy, and Music Therapy
- Individual and family therapy
- Medication management



**Riveredge
Hospital**

8311 W. Roosevelt Road
Forest Park, Illinois 60130

Physicians are on the medical staff of Riveredge Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Riveredge Hospital. The facility shall not be liable for actions or treatments provided by physicians.



Summer Outpatient Programming

Children (Age 5-12)

Partial Hospitalization Program

Monday - Friday, 9:00am - 3:00pm

A structured day program for children at risk of hospitalization, in transition from an inpatient hospital stay, or experiencing emotional or behavioral difficulties at home, in school, or within the community.

ADHD Group

Wednesdays, 5:00pm - 6:00pm

A weekly support group that teaches self-management strategies to address symptoms of inattentiveness, impulsivity and hyperactivity.

Anger Management Group

Thursdays, 5:00pm - 6:00pm

A weekly support group that teaches skills to improve frustration tolerance, self-expression, and communication in safe and healthy ways.

The programs include:

- Comprehensive assessment
- Trauma-focused Cognitive Behavioral Therapy and Dialectal Behavioral Therapy
- Creative Arts Therapies including Dance/Movement Therapy, Drama Therapy, Art Therapy, and Music Therapy
- Individual and family therapy
- Medication management

Call 708-209-4181 to register for any group.
All groups have open enrollment.



**Riveredge
Hospital**

8311 W. Roosevelt Road
Forest Park, Illinois 60130

Physicians are on the medical staff of Riveredge Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Riveredge Hospital. The facility shall not be liable for actions or treatments provided by physicians.